



THE ABC'S OF COLLEGE



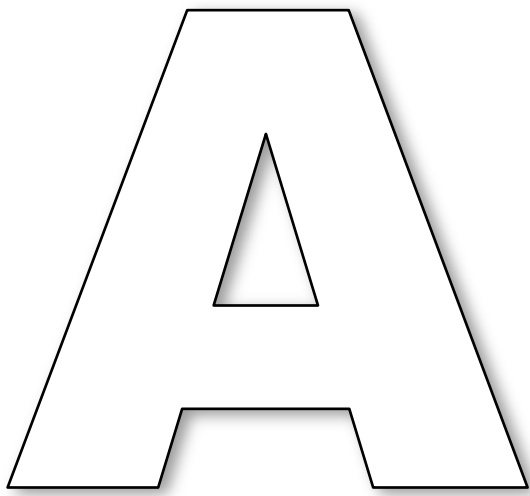
This booklet was created by the La Crosse Promise Future Centers with hope to inspire all young people while familiarizing them with the language used with respect to higher education.

This resource is provided free of charge by La Crosse Promise, Inc. Please consider making a contribution to our organization by visiting our website www.lacrossepromise.org



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is for... **Application**

To be considered for entrance into a college or university, students are required to complete an **application** for admission. The **application** usually consists of academic records, personal essays, letters of recommendation, a list of extracurricular activities, and standardized test scores.

What type of students do colleges want?
Brainstorm what things you think colleges want to see you do inside and outside the classroom

Academics (Inside the classroom)	Extracurricular (Outside the classroom)

B

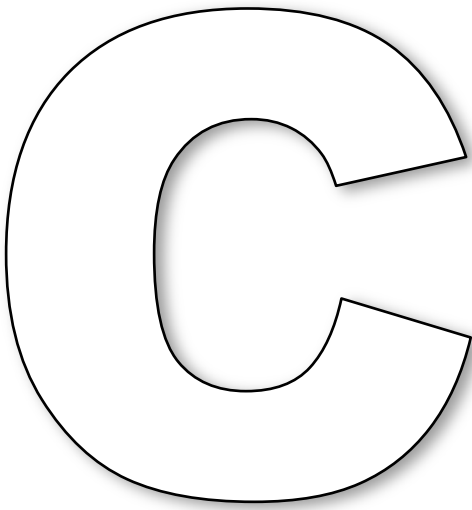
is for... **Bachelor's Degree**

A **Bachelor's Degree** is an undergraduate degree awarded by a college or university upon successful completion of a program of study, typically requiring at least four years of full-time study.

Match that!

There are many levels of schooling students can achieve. Match the level of schooling to the correct estimated salary and possible occupation.

Salary	Level of Schooling	Occupation
\$51,900	High School Dropout	Social Worker
\$10,000	High School Graduate	Customer Service Representative
\$118,500	Some College	Surgeon
\$35,700	Associate's Degree	Veterinary Technician
\$68,400	Bachelor's Degree	Fast Food Worker
\$25,100	Master's Degree	Information Systems Specialist
\$28,200	Professional Degree	Bank Teller
\$104,000	Ph.D	Research Scientist

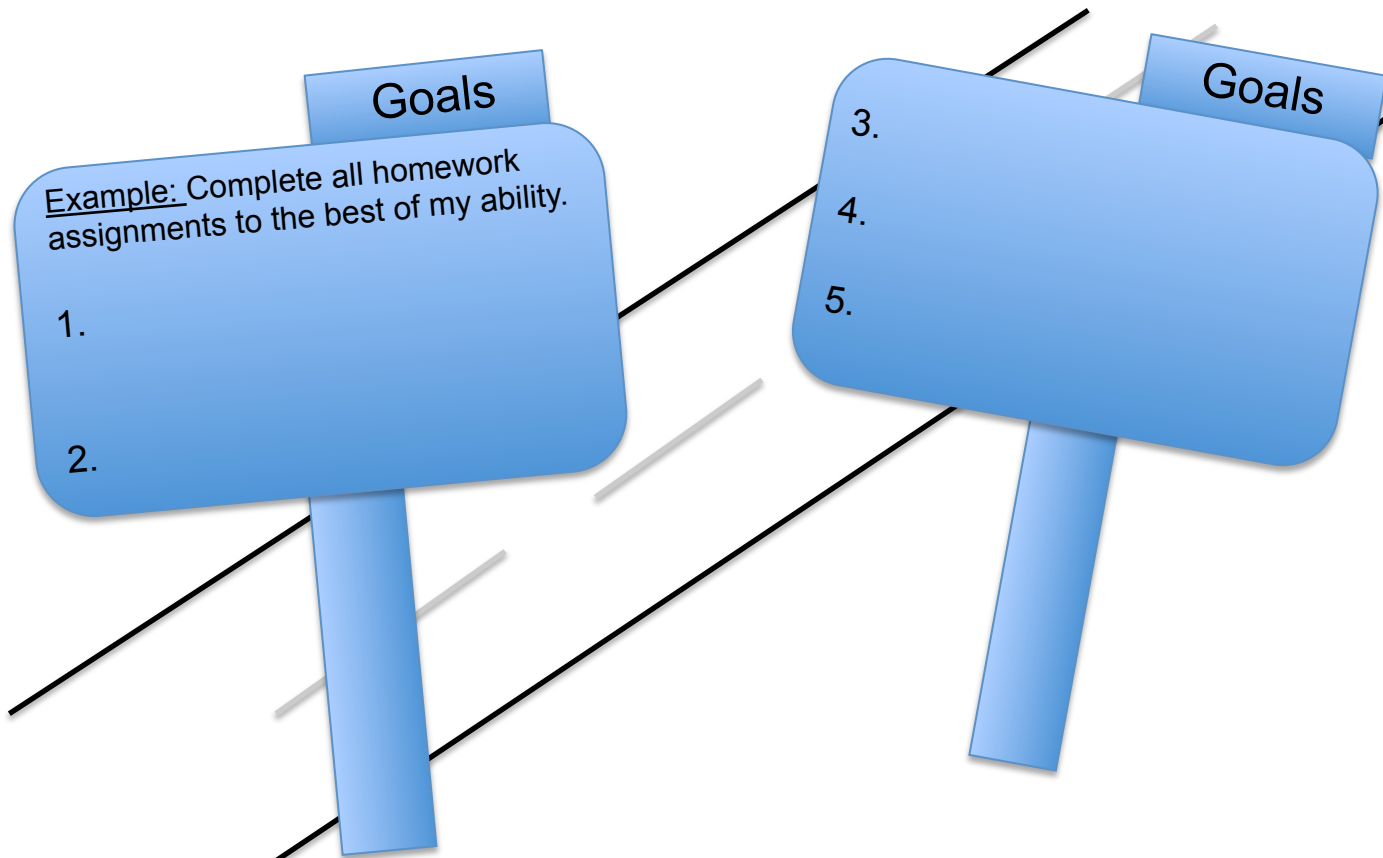


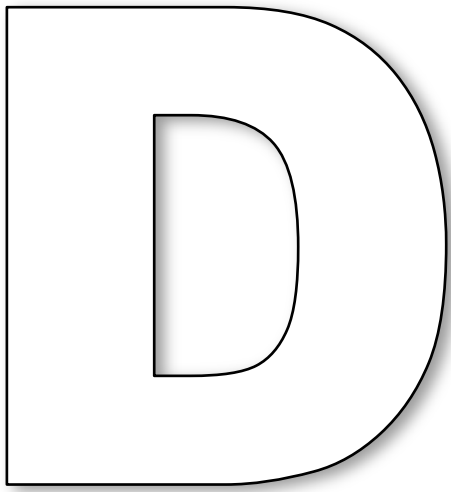
is for... **College**

College is an institution of higher learning that offers undergraduate programs, usually of four-year duration, that lead to Bachelor's Degrees. Students apply to **college** during their senior year of high school.

Visualizing the road ahead

The road to your future is like a maze with many twists and turns. You will have to try your hardest in school, set goals, be involved in community and make good decisions that will keep you on the right track. Think about your dream job. What will it take for you to get there? On the signs, set 5 goals for yourself that will help you land your dream job.





is for... **Diploma**

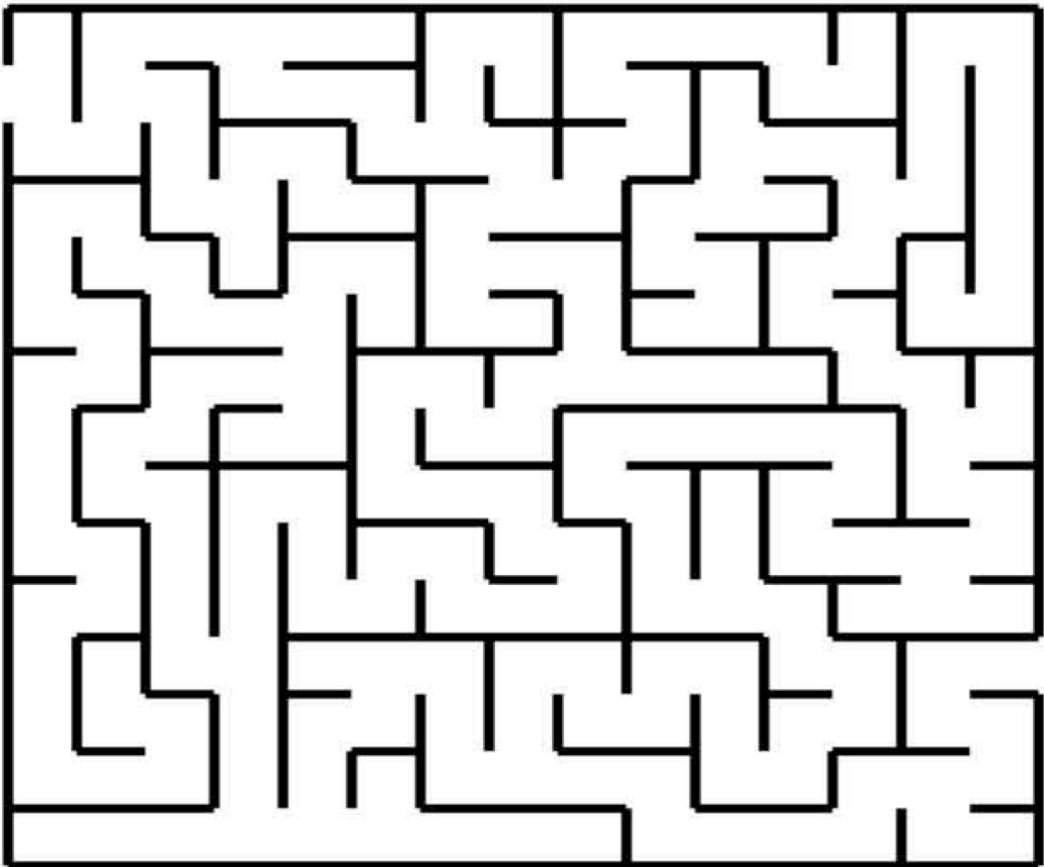
A **diploma** is an official document issued by a college stating a student earned a certain degree. Students receive their diplomas on the day they graduate.

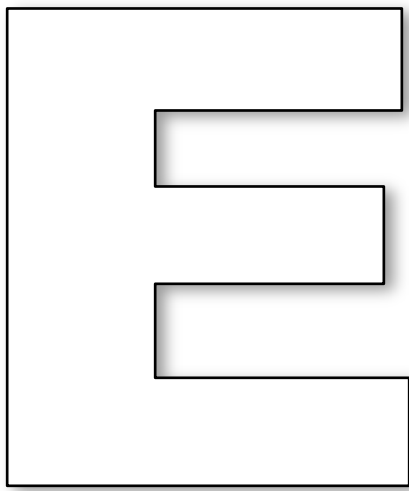
Receiving a diploma

Karen has completed four years of college and is earning a Bachelor's degree in accounting. Can you help her find her way to the graduation ceremony so she can receive her diploma?



www.mycutegraphics.com





is for... **Extracurricular Activities**

Activities that take place in your school and/or community are considered **extracurricular activities**. Some examples include: student clubs, performing arts, volunteering, service projects and sports teams. It is important to be involved in a variety of extracurricular activities so you can start to figure out what your true interests are!

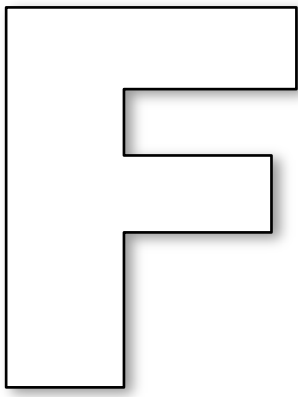
Extracurricular activities to explore career opportunities

Using the word bank, can you figure out what each student's dream job is by looking at the extracurricular activity s/he is involved in at their school or in their community? Hint: Some of the words in the word bank will not be used!

Word Bank:

**Actor, Architect, Dentist, Interpreter, Journalist, Pharmacist,
Pilot, Professional Athlete, Salesperson, Teacher**

Student	Dream Job	Favorite Extracurricular Activity
Charlie	Ex. Engineer	Joined robotics at his school
Mai		Writes for the school newspaper
Ger		Builds houses with Habitat for Humanity
Sara		Tutors her peers
Tyrone		Participates in community theatre
Ben		Is the president of the Spanish Club
Whitney		Operates a her own jewelry making business



is for... **First Generation Student**

A college student is considered a **first generation student** if neither of his or her parents have completed a four year college degree.

Benefits of higher education

Bring this exercise home and work with a parent, guardian, older sibling, or someone you trust who understands the benefits of going to college. As the student, you should ask this person the question below and then write their answers in the spaces provided.

1. If he or she went to college: How has going to college helped you in your life?

2. If he or she did not go to college: How do you think going to college would have helped you? Did not going to college make a difference in your life?

3. How do you think going to college will affect my life?

4. What is the most important benefit of going to college?



is for... Grades

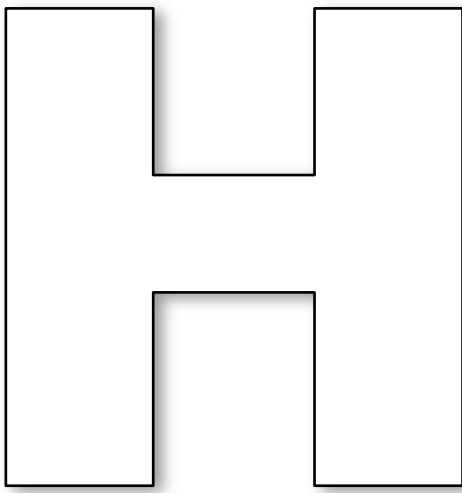
Grades show how well you are doing in your classes. You will need good **grades** to get into college, so be sure you get in a habit of doing your homework and turning it in on time, studying for tests, doing well on tests and having a good attitude!

Test taking tips

Maddie always studies for her tests but when it comes time to take a test, she seems to forget what she studied! Maddie learned some test taking tips and is now doing much better! Fill in the blanks below to reveal Maddie's tips that will help you earn a high grade point average!

KEY: A=!, D=@, E=#, L=\$, R=%, S=^, T=&, Y=*

1. S & U @ * every night for several nights before a test.
2. Make up a practice T # S & of what you think may be on the real test.
3. Be sure to get enough S \$ # # P the night before.
4. # A & a good breakfast.
5. Before you start the test, picture yourself doing W \$ # #.
6. R E ! @ the directions carefully.
7. If you don't understand, ask the T # ! C H # % to explain.



is for... **Honor Roll**

The **honor roll** is a list of students who achieved exceptional grades during a specific period of time.

Earning a spot on the honor roll

It takes effort to do well in school. Forming good habits and setting goals will help you get good grades and earn a spot on the honor roll. Below, circle which habits will help these students earn a spot on their school's honor roll.



Participating in class



Studying and doing your homework



Sleeping in school



Getting bad grades



Using excuses







Getting good grades

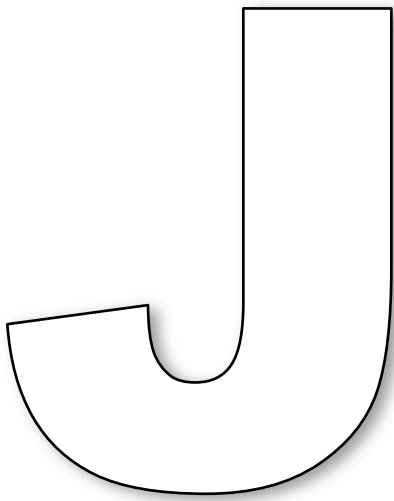
is for... **Internship**

An **internship** is a short-term, temporary experience in which students work in a real-world setting that is closely related to their area of study. Students will gain a lot of experience and knowledge from an **internship**. Some **internships** are opportunities to get paid and others are not.

Completing an internship

Fill in the blanks below to complete all sections of the chart. Based on the information provided for you, you will have to brainstorm titles of dream careers, interests of the students, and internship ideas. Use the Special Events Coordinator for an example.

Dream Career	Interests	Internship Idea
 Special Events Coordinator	Enjoys organizing events, especially those involving athletics.	Local Sports Team (ex. La Crosse Loggers)
 <small>VectorStock File ID No. 114971</small>	Has a passion for writing, mostly about what is happening in his community.	
 Fitness Coach		
	Likes to work with students, particularly with career exploration and academic planning.	High School Counseling Department

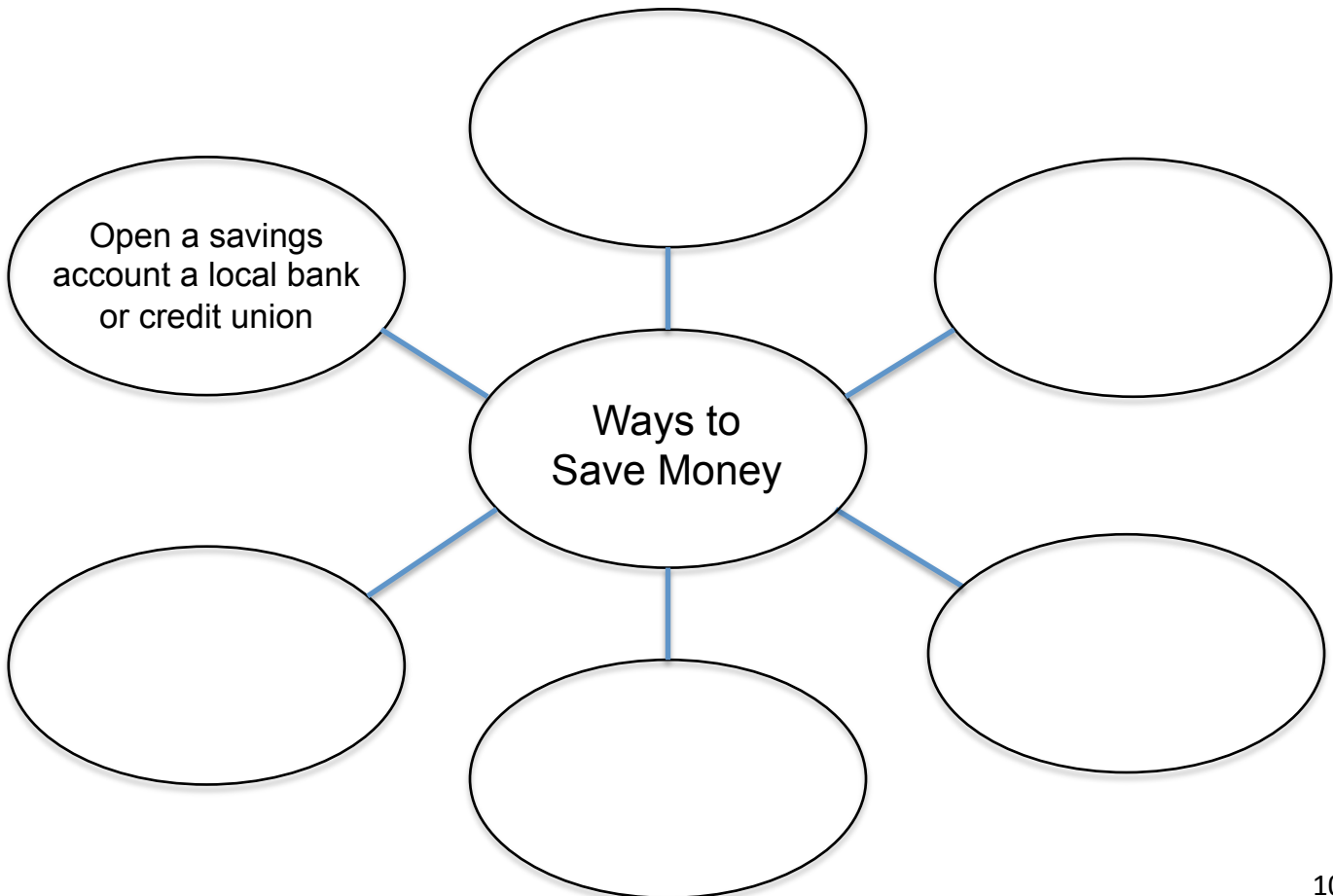


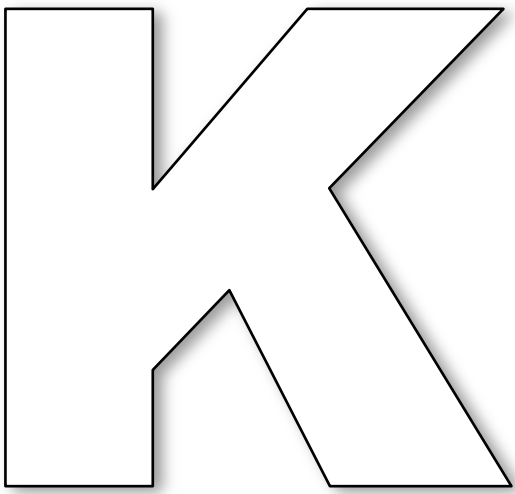
is for... **Job**

A job is a paid position of regular employment. Having a job in high school and college is a good way to earn money that can be saved in a bank account. Students can use the money they save to help pay for college.

Saving for college

Malaya is in middle school and has saved a little bit of money so far. She wants to start saving more money so she can use it to help her pay for college. Can you help her think of possible jobs or other ways she can save money between now and college? Write your answers below.





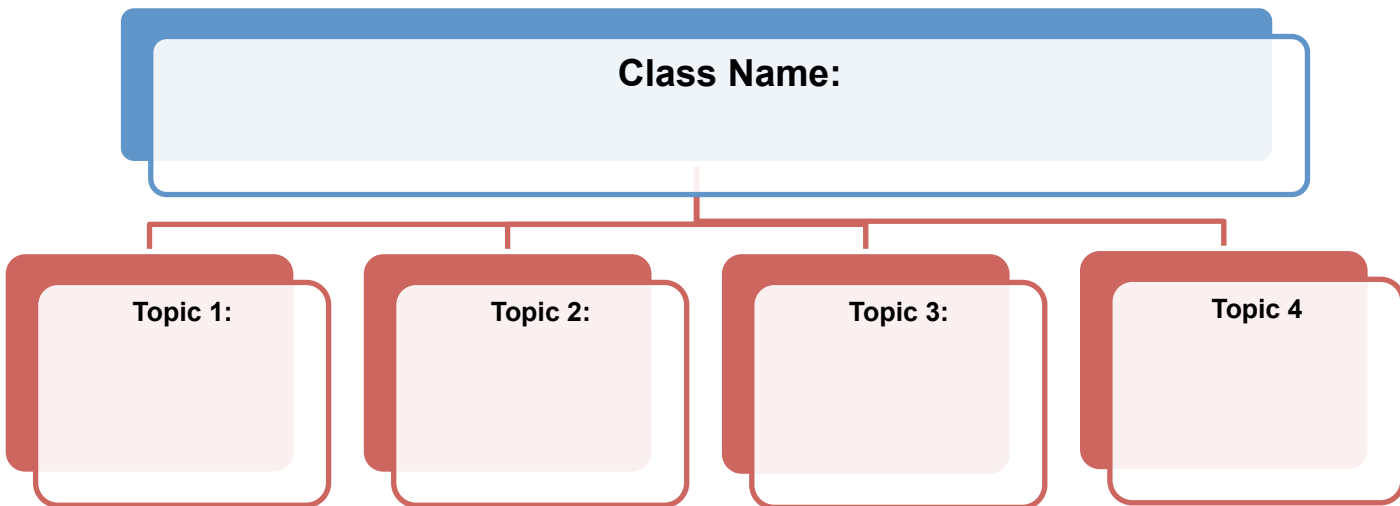
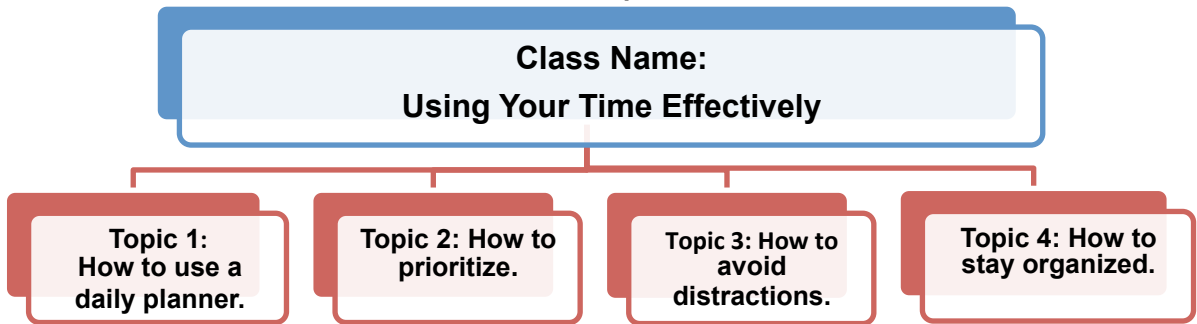
is for... **Knowledge**

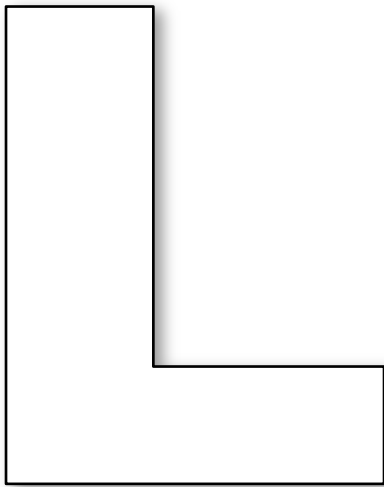
Knowledge is the familiarity, awareness, or understanding gained through experience and study.

Building your knowledge

There are many opportunities to learn throughout your life, both for personal and professional development. Imagine you could take a class that would teach you about anything in the world. What would you want that class to teach you about? Below, create your own class based on what you are curious about and want to learn more about! Remember to name your class and list 4 topics the class would teach you about.

Example:





is for... **Loan**

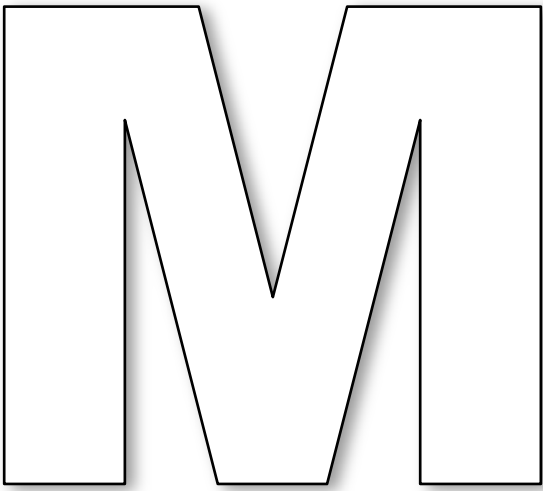
A **loan** is money that a student can **BORROW** with an agreement to pay it back at a later time. Loans help students pay for college. There are a variety of **LOANS**, including **STAFFORD**, **PERKINS**, **PLUS** and **PRIVATE** loans. Loans can be **SUBSIDIZED** or **UNSUBSIDIZED**. Subsidized means the government pays the **INTEREST** that accumulates on the loan while the student is in school. Unsubsidized means the interest accumulated is added to the amount the student needs to repay. It is recommended that students do a lot of **RESEARCH** before taking out a loan.

Finding words associated with “loan”

Find and circle the words from the word bank.

X P J A I B L G S F T S D P
D P E R K I N S V U M U Q R
F E E R Y S H L Z F L C T I
Z V Z X C J Q R B R I P S V
D E Z I D I S B U S N U E A
P L I V D B N D U J M W R T
O H R M O I R S Y B V T E E
A O A R N O S T S Q P W T J
X X R M F B S B Z I R J N P
Q O B F F E M N U Z T Y I G
W L A V H P L Y W S N E O L
J T O C U R I R M L O A N S
S R E S E A R C H I J T F L

WORD BANK
BORROW
LOANS
INTEREST
PERKINS
PLUS
PRIVATE
RESEARCH
STAFFORD
SUBSIDIZED
UNSUBSIDIZED

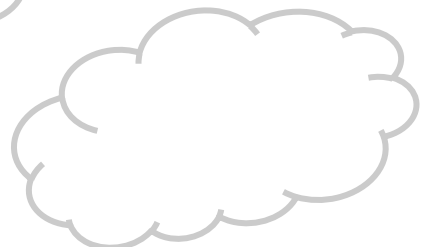
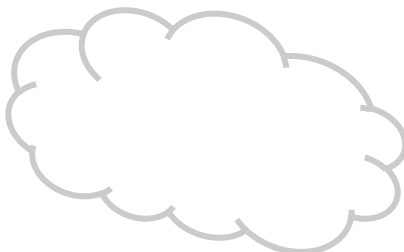
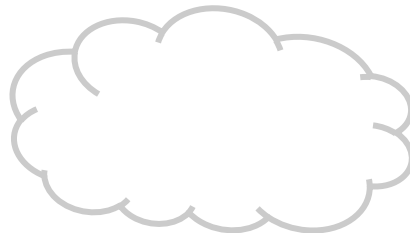
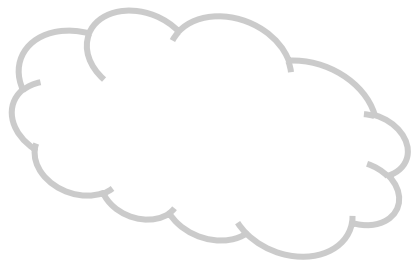
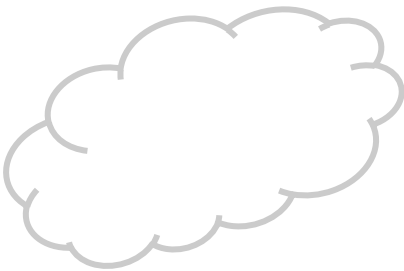


is for... **Major**

A **major** is an area of study that a student specializes in. The student must dedicate a pre-determined amount of time to this area of study. Colleges often specify the number of credits needed to receive the major and the order of the classes. There are many majors, but some examples are: Accounting, Education, Engineering, Marketing, Music, Nursing, Religious Studies, Sociology, Theatre, Zoology and more!

Choosing a major

Davion is trying to figure out what he wants his major to be but he needs some help from you. Work in a group to come up with things Davion should think about before he chooses his major or how he can get more information about specific majors.



N

is for... **Non-Credit Courses**

Non-Credit Courses are classes or courses that do not meet the requirement for a certificate of a degree at an institution. **Non-Credit courses** are instead used as a way for students to gain additional knowledge, become educated about different fields of study, and increase one's life experiences.

Choosing your courses

Based in your interests, what kinds of courses would you like to take to gain additional knowledge and experience? Try to think of special interests that colleges or universities may not offer a class for.

Example: Specialty Baking

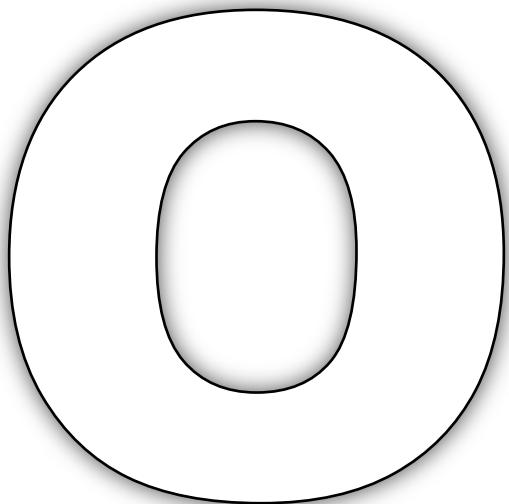
1.

2.

3.

4.

5.

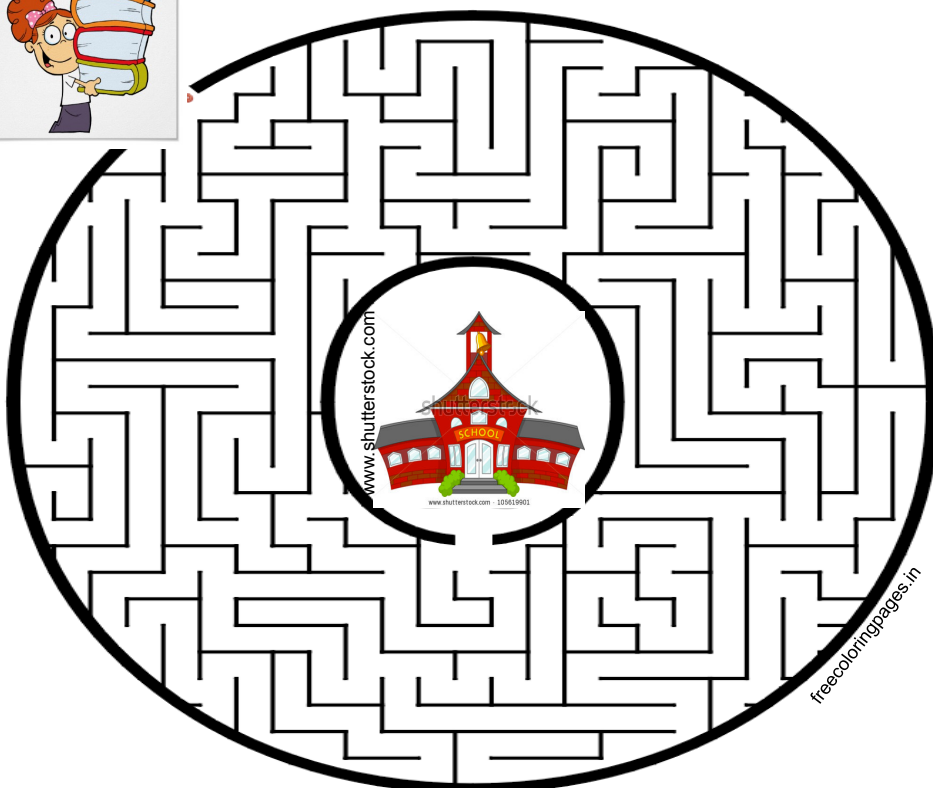


is for... **Orientation**

New students are invited to **orientation** before classes begin. **Orientation** is a time when students become familiar with campus buildings such as their classrooms, bookstore, residence hall, and dining hall. Students can also meet other students, participate in activities, and meet professors during this time.

Navigating around campus

Sally attended orientation last week. Today is the first day of school and she needs some help remember how to get from the library to her classroom. Can you help her find her classroom?



P

is for... Professor

A **professor** is the individual who teaches the class material. Some students may call him/her teacher, faculty, or advisor. **Professor(s)** have experience in the field of study, are available to answer questions, and help guide students on their educational journeys.

Match the occupation with the correct subject taught by the professor.

Subject	Occupation
Human Biology	meteorologist
Meteorology	Zoo Keeper
History	Social Worker
Animal Science	Doctor
Human Services	News Broadcaster
Communications/ Journalism	Archeologist



is for... Qualifications

There are certain **qualifications** needed to be accepted into a university. These are different at each school being applied to. **Qualifications** can include grade point average (GPA), test scores, involvement in extracurricular activities such as athletics or community service, and personal statements (essays).

Finding words associated with “qualifications”

WORD BANK:

ATHLETICS, ESSAY, EXTRACURRICULAR,
GRADES, QUALIFICATIONS, SERVICE, TESTS

R	A	L	U	C	I	R	R	U	C	A	R	T	X	E
Q	U	A	L	I	F	I	C	A	T	I	O	N	S	R
A	L	N	G	U	P	S	A	B	P	S	Z	O	C	U
C	A	L	D	O	T	P	E	K	M	W	T	G	I	V
R	N	U	L	K	D	O	D	D	Y	D	Z	S	T	X
E	F	H	Q	Q	L	D	U	Y	A	S	S	E	E	N
G	C	Q	X	A	X	Y	X	G	E	R	R	Y	L	T
X	N	I	R	U	G	N	R	X	A	K	G	Y	H	A
A	W	V	V	S	O	L	Y	L	K	V	C	Z	T	V
T	N	E	J	R	I	R	Q	A	K	Z	O	X	A	E
S	P	K	E	K	E	Y	G	P	P	E	K	K	Q	H
V	C	G	T	M	M	S	S	A	P	Q	W	L	Q	F
J	W	C	D	P	J	H	Z	V	T	N	M	T	Q	I

R

is for... **Resident Assistant**

If students live on-campus, they live in a residence hall. Each residence hall has a staff of **resident assistants (RA's)**. It is the RA's job to make sure the residence hall is a fun, safe, and friendly environment. The **resident assistants** host programs throughout the school year for students. Programs include things like study workshops, trips to the mall, late-night breakfast, or movies.

Planning activities for your residence hall

Imagine you are freshman in college. Work in a group and brainstorm some fun activities you would like your resident assistant to organize for your residence hall. Fill in as many boxes as possible. Don't forget to be creative!

Ex. Ice Cream Social		

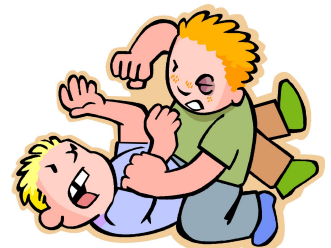
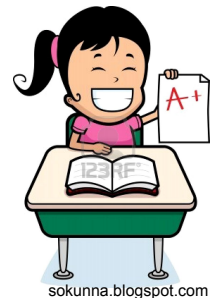
S

is for... **Scholarship**

A **scholarship** is a type of financial assistance provided to students furthering their education. Also known as “free money”, **scholarships** are generally given to students who are leaders, demonstrate outstanding community service and have good grades.

Receiving a scholarship

Using the definition of “scholarship,” determine which activities below would help these students earn a scholarship. Circle all the activities that would help them receive a scholarship and put an X through all the activities that would NOT help them get a scholarship.



T

is for...
Tuition

Tuition is the amount of money paid for each class taken at a school. Not included in **tuition** is the cost of books, fees, or room and board. Many things factor in to how much one will pay for **tuition**. Examples include if the student is a resident or non-resident, if they are attending public or private school, and how many classes the person is taking.

Calculating the costs of credits

Spencer is from La Crosse, Wisconsin and has been accepted to UW-Green Bay. He plans to become a full time student and live on-campus. Spencer will be considered a full time student if he takes 12 credits or more. If one credit hour costs \$318.68, how much will Spencer owe if he takes:

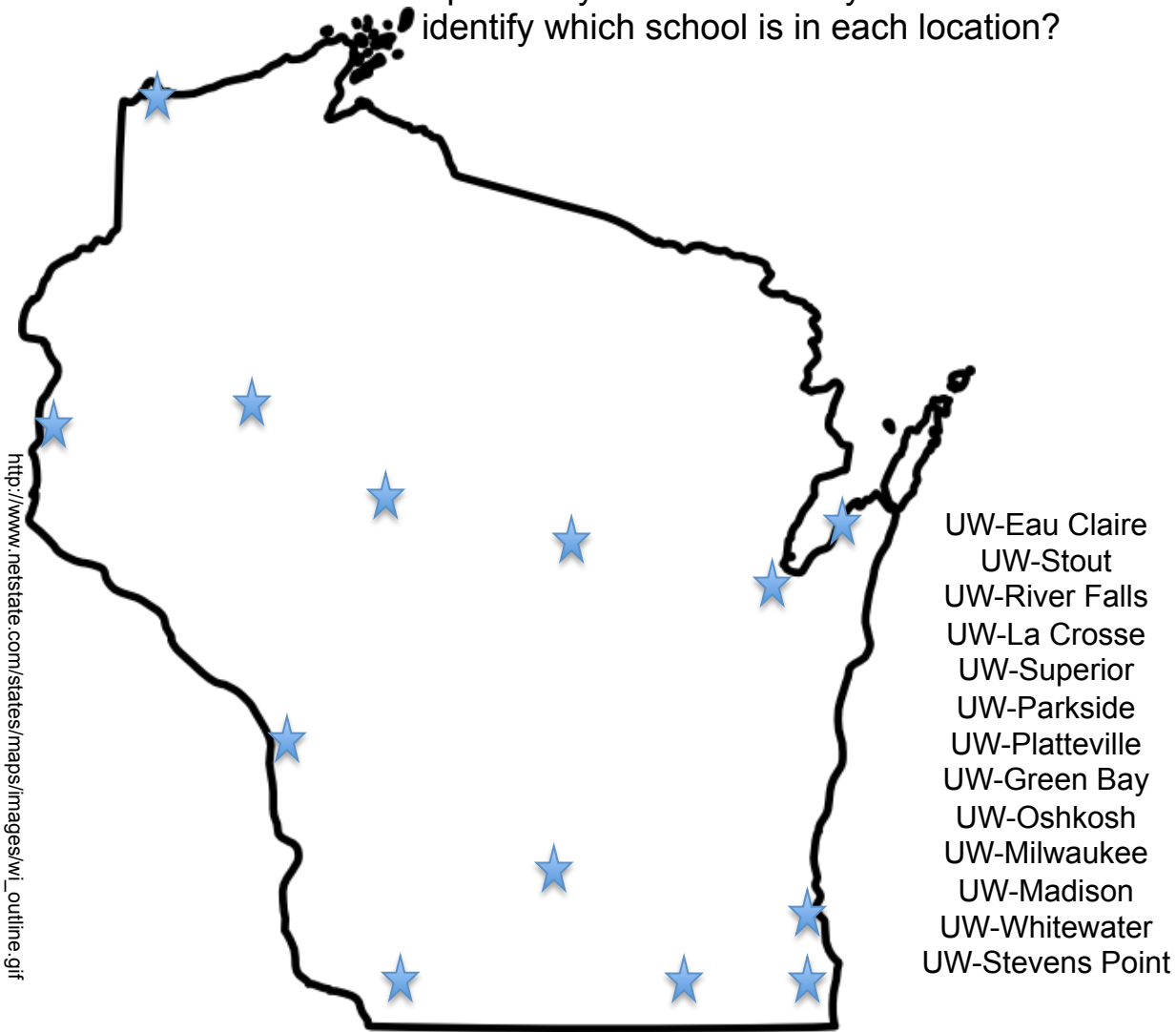
3 Credits: _____	12 Credits: _____
6 Credits: _____	15 Credits: _____
9 Credits: _____	18 Credits: _____

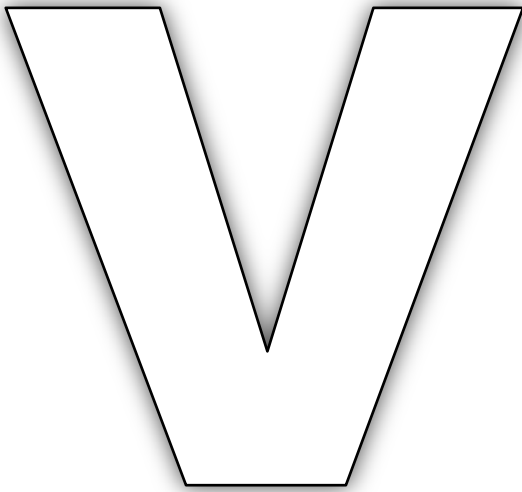
U

is for... University

Many students choose to further their education at a university. At a university, students can obtain a bachelor's, master's or professional degree.

Each star on the map is a city that has a four-year UW school! Can you identify which school is in each location?





is for... **Value**

When you **value** something, it means it is important to you. For example, you may **value** honesty which means you feel it is important to be honest.

Each college or university has a list of core **value** words or phrases in which they strive to achieve within their student body. Some words used within the UW system include: respect, integrity, innovation, academic excellence, diversity and civil engagement.

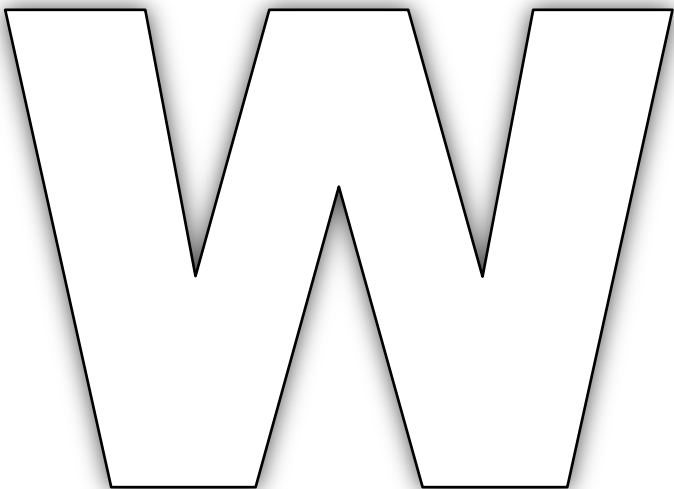
Creating University Values

Work in a small group and create your own University. Come up with a name and mascot. Then discuss what values you would include in your school and why they are important.

University Name:

Mascot:

Value Words:



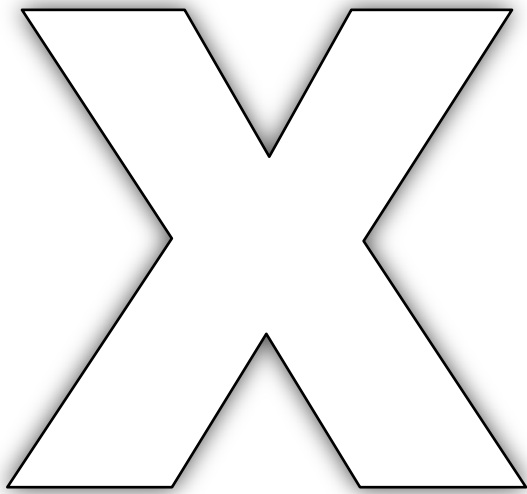
is for... **Work Study**

One type of financial aid offered is called **work study**. This type of aid allows students to find part-time jobs on campus and use the money they make to help pay for school. **Work Study** jobs can vary but one example is an assistant job in an office or department on campus. Supervisors will work around students' class schedule so their job does not interfere with their classes.

Time Management Skills

In addition to going to class and her work study job, Pa Houa has a busy week ahead of her. Help Pa Houa manage her time by figuring out when she can do the following: **Study (8 hours), write 2 papers (2 hours), go grocery shopping (1 hour), hang out with her friends (3 hours), watch her favorite TV show (1 hour) and exercise (2 hours).**

Time	Mon	Tues	Wed	Thurs	Fri
8-9A					
9-10A					
10-11A					
11A-12					
12-1P					
1-2P					
2-3P					
3-4P					
4-5P					



is for... **Xenagogue**

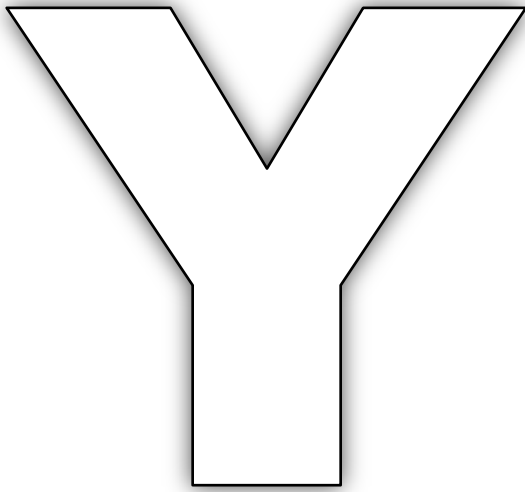
A **xenagogue** is someone who is a “guide; someone who conducts strangers.” A better term for a xenagogue is a “tour guide.” All campuses have tour guides. They are generally current students who show groups who visit around campus and give them information about a variety of aspects including school history, the buildings and activities that take place at the school.

Creating Your Own Campus

Draw and color your own campus map. What buildings would you include on your map? Create names for each of your buildings and label them on your map. When your map is finished, be your own xenagogue; take someone on a tour of your school!

Examples of buildings to include:

Residence Halls, Dining Hall, Auditorium, English Building, Art/Music Building, Science Building, Math Building, Library, Student Center, Recreational Building



is for... **Youth Options**

Wisconsin has a **youth options** program, which means “public high school juniors and seniors who meet certain requirements” can take classes at postsecondary facilities. Some of the courses approved in this program count as credits toward high school graduation as well as college credit.

Being Involved in Youth Options

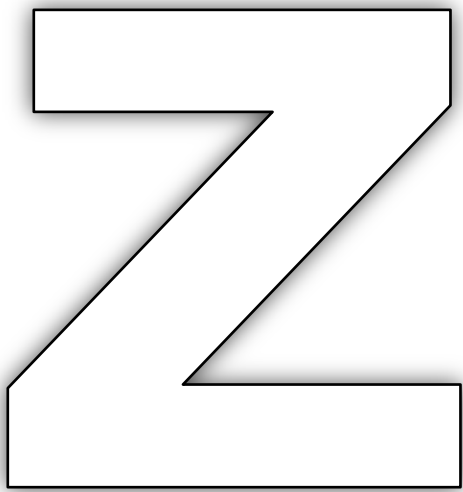
Can you think of different reasons why students might want to be involved in Youth Options? Write the reasons below:

Example: A student can get an idea of how much time they will need to dedicate to each college class in order to do well and be successful.

1.

2.

3.



is for...
Zeta

Zeta is the sixth letter of the Greek alphabet. Various letters of the Greek alphabet are used as the names of Fraternities and Sororities on college campuses!

Understanding Greek life

Greek Life is a fun and interesting part of many college campuses. Students can join sororities and fraternities based on their personal interests, field of study, or career paths! The clubs allow students to make friends with similar interests, participate in community service activities, and have fun along the way!

Some examples of these groups are Delta Zeta and Zeta Tau Alpha.

On each point of the star, list things you care about! Some examples may be food pantries, caring for animals, etc.



Resources

- “O” maze: http://www.printactivities.com/Mazes/LetterMazes/Letter_O_Cap.html
- Definition of “Xenagogue” <http://www.web-definition.com/dictionary/x/xenagogue/>

Please visit our website www.lacrossepromise.org for other helpful resources